



MOBILE ANESTHESIA PROCEDURE PRE-OPERATIVE INSTRUCTIONS

- We will send in an antibiotic eye ointment that you will start after surgery. You will use it twice a day for 3 days after your surgery. Please switch to a Vaseline or Aquaphor afterwards as needed.
- On the day of surgery, you may also be given a prescription for a pain medication to take as needed afterwards. But otherwise, you may take over-the-counter Tylenol for pain as needed.
- You will need to bring someone with you to drive you home from your surgery. You are not allowed to use a taxi/Uber/or bus.
We strongly recommend someone else stay with you through the night as you recover from the effects of anesthesia
- **DO NOT** eat or drink anything after midnight the night before your surgery.
- You may take any heart or blood pressure medication morning of surgery with a small amount of water. **DO NOT** take any oral diabetic medication the day of surgery. If taking any insulin or have an insulin pump, call our office for guidance/anesthesia consult.
- If you take anticoagulants such as Aspirin, Warfarin, Coumadin, Plavix, Heparin, Ticlid, or Lovenox, your primary care physician must be consulted before discontinuing. Please reach out to their office regarding any instructions as to whether continue or discontinue the medications.
- **Stop** all **UNPRESCRIBED** Herbal Medications, Fish Oil, Vitamin E, Diet Pills, Multivitamins, and NSAIDS such as Ibuprofen, Advil, Nuprin, Aleve, Naprosyn or Naproxen 14 days prior to surgery. *Notify our office if you are prescribed any of these medications.*
- **STOP** eating fish 14 days prior to your procedure date due to the high omega-3 content.
- You may bathe, shower, and brush your teeth as usual on the day of your procedure. Please avoid swallowing any water.
- **DO NOT** wear makeup or contacts to your procedure and please leave dentures with your ride.
- Please wear loose fitting clothing and remove any artificial nails.
- You will have the opportunity to talk to your doctor before the procedure begins to review any questions or concerns. Please give us a call if you have any questions or concerns prior to your procedure.